



**Save a Life,
Pass it On ...**

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An Invisible Killer

- **Strokes are a major cause of death in our society today**
- **Strokes are difficult to identify and manifest themselves differently in different people**
- **Early identification of the symptoms of a stroke often makes the difference between life and death**
- **Lack of awareness spells “D I S A S T E R”**



Stroke Characteristics

Most signs of stroke cause:

- **Impairments of cranial nerve and/or peripheral motor nerve functions (usually unilateral)**
- **Speech impairment (aphasia)**
- **Other effects like**
 - **Global confusion**
 - **Lethargy**
 - **Blind spots/blindness**
- **Combinations of the above**



Three Simple Steps Make a Giant Leap

A bystander can infer that a person may be a stroke victim after asking the person to perform three simple tasks:

- **Smile**
- **Raise both arms**
- **Speak a simple sentence**

If the person has trouble with performing either of these simple tasks, the bystander should immediately call Emergency (9-1-1) and describe the symptoms to the dispatcher

This simple test was presented at last February's American Stroke Association with the recommendation of widespread use to identify a stroke and prevent brain damage



Pass it on ...

A cardiologist says that if each person passes this message on to ten people,

AT LEAST ONE LIFE CAN BE SAVED !!!